

Autumn Term Menu



WEEK ONE

Monday

Choose from either...

- M** Pork Meatballs* & Tomato Sauce **DE**
- V** Veggie Balls & Tomato Sauce **DE**
- JP** Cheese **GE**

Served with

Pasta **DE**

Dessert

Mini-biscuit pack **E**

Tuesday

Choose from either...

- M** Breaded Chicken Steak **DE**
- V** Cheese & Onion Pasty **E**
- JP** Baked Beans **GDE**

Served with

Wedges **GDE**

Dessert

Fresh Fruit **GDE** / Yoghurt **GE**

Wednesday

Choose from either...

- M** Roast Beef and Gravy **GDE**
- V** Meatfree Bolognese **GDE**
- JP** Tuna & Sweetcorn with Mayo **GDE**

Served with

Roast Potatoes **GDE**

Dessert

Vanilla & Chocolate Mousse **GE**

Thursday

Choose from either...

- M** Beef Bolognese **DE**
- V** Veggie Lasagne **E**
- JP** Baked Beans **GDE**

Served with

Pasta **DE** / Garlic Bread **E**

Dessert

Fresh Fruit **GDE** / Yoghurt **GE**

Friday

Choose from either...

- M** Fish Fingers **DE**
- V** Vegetable Samosa **DE**
- JP** Cheese **GE**

Served with

Saute Potatoes **GDE**

Dessert

Brownie Bites **D**

WEEK TWO

Monday

Choose from either...

- M** Chicken Korma **E**
- V** Lentil Dahl **DE**
- JP** Cheese **GE**

Served with

Naan Bread **DE**

Dessert

Cake Slice **GD**

Tuesday

Choose from either...

- M** Jumbo Fishfinger **DE**
- V** Vegan pizza roll **DE**
- JP** Lentil Bolognese **GDE**

Served with

Saute Potatoes **GDE**

Dessert

Fresh Fruit **GDE** / Yoghurt **GE**

Wednesday

Choose from either...

- M** Mild Beef Chilli **GDE**
- V** Three Bean Casserole **GDE**
- JP** Cheese **GE**

Served with

Rice **GDE**

Dessert

Blueberry Muffin

Thursday

Choose from either...

- M** Roast Chicken and Gravy **GDE**
- V** Cheese & Tomato Quiche
- JP** Baked Beans **GDE**

Served with

Roast Potatoes **GDE**

Dessert

Ice Fruit Smoothie **GDE**

Friday

Choose from either...

- M** Sausage Roll* **DE**
- V** Vegan Sausage Roll **DE**
- JP** Salmon & cream cheese jacket **GE**

Served with

Oven Baked Chips **GDE**

Dessert

Banana Toffee Loaf Cake

WEEK THREE

Monday

Choose from either...

- M** Pork Sausages* **E**
- V** Veggie Sausages **GE**
- JP** Tuna & Sweetcorn with Mayo **GD**

Served with

Mash **GE**

Dessert

Fresh Fruit **GDE** / Yoghurt **GE**

Tuesday

Choose from either...

- M** Mexican Chicken **GDE**
- V** Chickpea Ratatouille **GDE**
- JP** Cheese **GE**

Served with

Rice **GDE**

Dessert

Pancake

Wednesday

Choose from either...

- M** Roast Ham and Gravy* **GDE**
- V** Vegan Quorn and Gravy **DE**
- JP** Tandoori Mayo Chicken **GE**

Served with

Roast Potatoes **GDE**

Dessert

Ice Fruit Smoothie **GDE**

Thursday

Choose from either...

- M** Cheesy Pasta **E**
- V** Wholemeal cheese & tomato pizza **E**
- JP** Baked Beans **GDE**

Served with

Pasta **DE** / Potato Bites **GDE**

Dessert

Vanilla & Strawberry Mousse **GE**

Friday

Choose from either...

- M** Bubble Fish **GDE**
- V** Veggie Nuggets **DE**
- JP** Cheese **GE**

Served with

Crispy Diced Potatoes **GDE**

Dessert

Lemon Traycake

Check the Schedule

SEPTEMBER

Sun	Mon	Tue	Wed	Thu	Fri	Sat
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	

OCTOBER

Sun	Mon	Tue	Wed	Thu	Fri	Sat
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31					

NOVEMBER

Sun	Mon	Tue	Wed	Thu	Fri	Sat
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30			

DECEMBER

Sun	Mon	Tue	Wed	Thu	Fri	Sat
					1	2
	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31					

- M** - Main
- V** - Vegetarian
- JP** - Jacket Potato



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- D** - Dairy Free
 - G** - Gluten Free
 - E** - Egg Free
 - * - Contains Pork
- All meals are served with vegetables

Please note. We work from a nut free premises but some purchased items may contain traces of nuts

Allergies and Free-From Meals

On our menu, after each meal are some, or one, or no letters - either D, G or E. These refer to allergies that affect some children.

- D** - Signifies that a meal is Dairy Free
- G** - Signifies that a meal is Gluten Free
- E** - Signifies that a meal is Egg Free

We have made sure that every day we have at least one option which is Dairy Free, one which is Gluten Free and one that is Egg Free. All our meals are Nut Free.

If your child has any of these special dietary requirements, please be sure to tick the box for the meal that suits your child each day.

Our seasonal menu is written using the School Food Plan guidelines and includes a variety of different protein sources, oily fish, two 50% fruit-based desserts a week and a meat-free day...

Check the Schedule overleaf

CENSUS DAY HOT DOGS

Thursday
October 6th

Choose from

M Hot Dog* **DE**

V Veggie Dog **DE**

JP Cheese **GE**

Dessert

Mini cookie

That's hot!