

# Summer Term Menu



## WEEK ONE

Choose from either...

**Monday**

- M** Pork Meatballs & Tomato Sauce\* **DE**
- V** Veggie Balls & Tomato Sauce **GDE** **V**
- JP** Cheese **GE**

Served with  
Rice **GDE** / Sweetcorn

Dessert  
Fresh Fruit **GDE** / Yoghurt **GE**

Choose from either...

**Tuesday**

- M** Beef Burger **DE**
- V** Vegetable Burger **DE** **V**
- JP** Tuna & Sweetcorn with Mayo **GD**

Served with  
Potato Bites **GDE** /  
Baked Beans

Dessert  
Cake Slice **GD**

Choose from either...

**Wednesday**

- M** Meat Free Bolognese **DE** **V**
- V** Cheesy Pasta **E**
- JP** Baked Beans **GDE** **V**

Served with  
Pasta **DE** / Mixed Veg

Dessert  
Vanilla & Strawberry  
Mousse **GE**

Choose from either...

**Thursday**

- M** Chicken Sausages & Gravy **DE**
- V** Cheese Omelette **G**
- JP** Spaghetti Hoops **DE** **V**

Served with  
Roast Potatoes **GDE** / Carrots

Dessert  
Fresh Fruit **GDE** / Yoghurt **GE**

Choose from either...

**Friday**

- M** Fish Fingers **DE**
- V** Vegan Sausages **GDE** **V**
- JP** Cheese Bagel with Carrot Sticks **E**

Served with  
Skin-on Potato Wedges **GDE** /  
Garden Peas

Dessert  
Chocolate Muffin

## WEEK TWO

Choose from either...

**Monday**

- M** Hot Dog\* **DE**
- V** Veggie Dogs **DE** **V**
- JP** Cheese **GE**

Served with  
Baked Beans / Sweetcorn

Dessert  
Fresh Fruit **GDE** / Yoghurt **GE**

Choose from either...

**Tuesday**

- M** Roast Chicken and Gravy **GDE**
- V** Quorn Fillet and Gravy **GD**
- JP** Baked Beans **GDE** **V**

Served with  
Roast Potatoes **GDE** /  
Carrots

Dessert  
Shortbread **E**

Choose from either...

**Wednesday**

- M** Mild Beef Chilli **DE**
- V** Three Bean Chilli **GDE** **V**
- JP** Cheese **GE**

Served with  
Rice **GDE** / Mixed Veg

Dessert  
Vanilla & Chocolate  
Mousse **GE**

Choose from either...

**Thursday**

- M** Breaded Chicken Steak **DE**
- V** Vegan Quorn Dippers **DE** **V**
- JP** Tuna & Sweetcorn with Mayo **GD**

Served with  
Skin-on Potato Wedges **GDE** /  
Baked Beans

Dessert  
Fresh Fruit **GDE** / Yoghurt **GE**

Choose from either...

**Friday**

- M** Beef Lasagne **E**
- V** Wholemeal Cheese & Tomato Pizza **E**
- JP** Mediterranean Vegetable Gluten Free Pasta Salad **GDE** **V**

Served with  
Potato Bites **GDE** /  
Garden Peas

Dessert  
Pancake

## WEEK THREE

Choose from either...

**Monday**

- M** Chicken Korma **GE**
- V** Lentil Dahl **GDE** **V**
- JP** Spaghetti Hoops **DE** **V**

Served with  
Rice **GDE** / Mixed Veg

Dessert  
Fresh Fruit **GDE** / Yoghurt **GE**

Choose from either...

**Tuesday**

- M** Rice Crispy Coated Salmon **GDE**
- V** Vegetable Fingers **DE** **V**
- JP** Cheese **GE**

Served with  
Oven Baked Chips **GDE** /  
Baked Beans

Dessert  
Mini Choc Chip Cookie **E**

Choose from either...

**Wednesday**

- M** Sausage Roll\* **DE**
- V** Vegan Sausage Roll **DE** **V**
- JP** Chicken Korma **GE**

Served with  
Saute Potatoes **GDE** /  
Garden Peas

Dessert  
Frozen Fruit Smoothie **GDE**

Choose from either...

**Thursday**

- M** Beef Bolognese **DE**
- V** Lentil Bolognese **DE** **V**
- JP** Baked Beans **GDE** **V**

Served with  
Pasta **DE** / Sweetcorn

Dessert  
Fresh Fruit **GDE** / Yoghurt **GE**

Choose from either...

**Friday**

- M** Roast Ham & Gravy\* **GDE**
- V** Vegan Nuggets **DE** **V**
- JP** Tuna Bagel with Cucumber **D**

Served with  
Roast Potatoes **GDE** /  
Carrots

Dessert  
Mini Flapjacks

Check the  
Schedule

- M** - Main
- V** - Vegetarian
- JP** - Jacket Potato

**APRIL**

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30				

**MAY**

Sun	Mon	Tue	Wed	Thu	Fri	Sat
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	

**JUNE**

Sun	Mon	Tue	Wed	Thu	Fri	Sat
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30						

**JULY**

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31			



- D** - Dairy Free
  - G** - Gluten Free
  - E** - Egg Free
  - V** - Vegan
  - \* - Contains Pork
- All meals are served with vegetables

# Allergies and Free-From Meals

On our menu, after each meal are some, or one, or no letters - either D, G or E. These refer to allergies that affect some children.

- D** - Signifies that a meal is Dairy Free
- G** - Signifies that a meal is Gluten Free
- E** - Signifies that a meal is Egg Free
- V** - Signifies that a meal is Vegan

We have made sure that every day we have at least one option which is Dairy Free, one which is Gluten Free, one which is Egg Free and one which is Vegan. All our meals are Nut Free.

If your child has any of these special dietary requirements, please be sure to tick the box for the meal that suits your child each day.

Our seasonal menu is written using the School Food Plan guidelines and includes a variety of different protein sources, oily fish, two 50% fruit-based desserts a week and a meat-free day...

Check the  
Schedule  
overleaf

# CENSUS DAY!

## Choose from

**M** Chicken Burger In A Burger Bun **DE**

**V** Falafels In A Burger Bun **DE V**

**JP** Cheese **GE**

Served With Salad

## Dessert

Mini Party Rings **DE V**

Thursday  
16<sup>th</sup> May



[WWW.HOTMEALSONWHEELS.COM](http://WWW.HOTMEALSONWHEELS.COM)